



To Study the Married Men's and Women's Opinions Regarding an Ideal Husband and an Ideal Wife

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ABSTRACT

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The purpose of this work was to study the married men's and married women's opinions regarding an ideal wife and an ideal husband. The data was collected from 48 married couple by brainstorming and group discussion. The result was interesting. An ideal husband must have very good character, personality, bold behaviour, self respect, loving and caring nature and sense of appreciation. An ideal wife should have womanly nature, fitness consciousness, politeness, cooking mastery, faithfulness, activeness and smiling face.

Introduction

It is easy to become a first class professional, but it is difficult to become a first class husband or a first class wife. A married couple faces many difficulties to adjust with the life partner. They could not understand each other properly, so the divorce problem takes place in their life. Marriage is decided in heaven and celebrated on earth. Everyone knows this very well. A married couple feels that they are made for each other, but this feeling does not exist long time. Lifelong marriage is Indian culture, but lacking of proper understanding this thing is not happen. A man wants to become an ideal husband and a woman wants to become an

ideal wife, but they don't know which habits they should develop for this. This study is attempted to explore married men's view regarding an ideal wife and married women's view regarding an ideal husband.

Objectives of the study

1. To study the married men's opinions regarding expected behaviour of an ideal wife.
2. To study the married women's opinions regarding expected behaviour of an ideal husband.
3. To study the married men's opinions regarding unexpected behaviour of an ideal wife.
4. To study the married women's opinions regarding unexpected behaviour of an ideal husband.

Questions of the study

1. What should married men expect to an ideal wife?
2. What should married women expect to an ideal husband?
3. What should married men not expect to an ideal wife?
4. What should married women not expect to an ideal husband?

Limitations

Data were collected only from 24 married couples which were from 'Divine Alumni Association'. All couples are highly educated. Their age was among 22 to 43. The data was collected in the two days residential workshop by group discussion and brain storming only.

Methodology

Two days residential workshop was arraigned with the help of Divine Alumni Association Group at Valia, Dist.:Bharuch, Gujarat. 80 married couples were invited to attend the workshop, but 48 married couples attended the workshop. Researcher played many ice-break games to them to establish the repo. All 48 married couples divided in four groups.

There were 24 participants in each group. The following topics were given to the group for brain storming and group discussion:

Group Name	Participants	Topic for brain storming and group discussion	Step of Group Discussion cum brain storming
A	24 men	What should married men expect to an ideal wife?	Step: 1 Know your group properly Step: 2 Select your group leader Step: 3 Select a writer to write the points of Discussion. Step: 4 Collect the opinions of all group members. Step: 5 Discuss the points one by one in a group and select the thoughts for final discussion. Step: 6 Put the thoughts in descending order according to priority, importance and relevance. Step: 7 Discuss the final list among the group. Step: 8 Give the final list to the leader for presentation.
B	24 women	What should married women expect to an ideal husband?	
C	24 men	What should married men not expect to an ideal wife?	
D	24 women	What should married women not expect to an ideal husband?	

There were four sessions arranged in two days workshop. The first session was for group discussion. The second session was for the group leader presentation and general discussion in common. The third session was on rethink and final the views in a group. The fourth and last session was for the final group leader presentation. All records of discussion were well documented. It was in descriptive form. Content analysis method was applied to analyse the data according the objectives of the study.

Results

1. The married men's opinions regarding expected behaviour of an ideal wife.
 1. She should behave like a woman not like a man.
 2. She must be conscious about her beauty and fitness.
 3. She should speak politely and affectionately.

4. She must love the joint family.
 5. She must wake up early in the morning and start her work peacefully.
 6. She must have the mastery in cooking.
 7. Her face must have a smiling face.
 8. Indian culture must be reflecting from her behaviour.
 9. She should help her husband in religious activity.
 10. She must be a *Pativrata*.
 11. She must have the capacity to understand financial condition.
 12. She must know how to save the money.
 13. She must be healthy, fit and active.
 14. She must have a sense to welcome the guest.
 15. She must love her husband's family as much as she loves her family.
2. The married women's opinions regarding expected behaviour of an ideal husband.
1. He must have very good character and personality.
 2. He must be bold, ruff and tuff.
 3. He must have self respect.
 4. No discriminations take place in his behaviour.
 5. He must remember her wife's birthday. He should celebrate her birthday and give a very good gift also.
 6. He must give respect to her wife.
 7. He should give some spare money to her wife.
 8. He should arrange a big tour in a year and small tour in a month for her wife.
 9. He must have passion to listen the family complains.

10. He must take care of her wife while she is suffering from illness.
 11. He should give freedom to his wife.
 12. He should give a surprise gift.
 13. He must have capacity to take breakfast, lunch and dinner peacefully.
 14. He should spare the quality time for his entire family member.
 15. He must give the priority to his wife in the family.
 16. He should support her wife in children caring.
 17. He should take her wife's opinion seriously.
 18. He must speak politely and affectionately with her wife.
 19. He must have capacity to understand her wife's feeling.
 20. He must have a sense of appreciation.
3. The married men's opinions regarding unexpected behaviour of an ideal wife.
1. She should not ignore her father in law and mother in law.
 2. Discrimination should not take place between two families.
 3. She should not give priority to rights rather than duties.
 4. She should not have a suspicious nature.
 5. She should not develop unnecessary phone call habit.
 6. She should not lose the interest in cooking.
 7. She should avoid her complaining behaviour.
 8. She should not compare the family member with others.
 9. She should not take interest in other or neighbour family.
 10. She should not criticise her husband's family.

11. She should not cry unnecessarily in a small stuff.
 12. She should accept the reality of family.
 13. She should understand the financial condition and try to avoid unnecessary shopping.
 14. She should not give the priority to fractured family.
 15. She should not discourage the husband with negative thoughts.
 16. She should not face the family with rude behaviour.
 17. She should not ignore her physical fitness.
 18. She should not behave very friendly with men.
 19. She should not be a self centric and an egoistic woman. She should not be an arrogant woman.
4. The married women's opinions regarding unexpected behaviour of an ideal husband.
1. He should not spend the all spare time after friends, Social media and a T.V.
 2. He should not always give the priority to parents and job.
 3. He should not give the all responsibility to her wife about children care.
 4. He should not ignore her wife opinion in important family matter.
 5. He should not behave rudely with her wife.
 6. He should not always criticise her wife.
 7. He should not ignore the house work.
 8. He should not forget to celebrate her wife's birth day.
 9. He should not hide the problems from her wife.
 10. He should not laugh at her wife ignorance.
 11. He should not be a shy and coward man.

12. He must not be an addicted to chewing tobacco, drinking alcohol, smoking cigarette.
13. He must not be a lazy man.
14. He should not be a layer man.
15. Discrimination should not reflect from his behaviour.
16. He should not forget to give surprise gift to her wife.
17. He must not have many female friends.
18. He should not ignore a father in law's family.
19. He should not forget to arrange a big tour in a year for her wife.
20. He should not believe in stinginess.

Discussion

This study helps us to understand marriage life. This is not the first attempt to explore the secret of marriage life. Barot (1977), Burgess (1939), Desai (1976), Mehta (2015) and Hill (2001) have done very good works in this field. It was found that their focused was on adjustment and dissatisfaction. To understand a husband on married women point of view and to understand a wife on married men point of view, this the main feature of this work. It was not found in earlier researches. The man and the woman who wants to become an ideal husband or wife will get very good ideas from this work. The counsellor will also get some clues from this study for counselling married couple. The opinions were collected only from educated married couple. It is possible that the opinions of uneducated married couple may differ from the result.

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